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Making Sacrifices: Beowulf and Film
 Nick Haydock, University of Puerto Rico, Mayaguez

Mysteriously, even ostentatiously sublime, the opening of *Beowulf* has puzzled, enthused, and enervated generations of readers. The uncanny parallel it draws between the ship burial of a king and the miraculous survival of a cast away—a boy, set adrift alone on the sea, who washed ashore in Denmark, subsequently held all Scandinavia in awe and fathered the Shielding dynasty—inspires complex and conflicting sensations. There are large measures of irony, fatalism, and mystery lurking within this fairy tale framework: irony, most surely, in the droll litotes comparing the treasures loaded on the bark-bier of Scyld Scefing with the feascraft origins of the waif the Danes fostered; fatalism in the appreciation that *wyrd* should achieve so perfect a symmetry of arrivals and departures; mystery, too, in the epistemological fog bank which rolls in at the very end of the passage. None knows whence Scyld came, nor can they guess whither he has gone. Many have remarked on the theme of a savior coming from overseas, which seems to prefigure Beowulf's arrival in another dark time. Many more have been struck by the placement of funerals at the beginning and end of the poem. But few critics indeed have bothered to ask how that child happened to be out alone on the sea in the first place or how this myth of a fortunate foundling contributes to the poem's ambivalent evocation of Germanic paganism in *illo tempore*. This essay reviews opening scenes in some recent film *Beowulfs*, which, although they have nothing at all to say about Scyld Scefing, suggest a sacrificial reading of the prologue and perhaps even the whole poem. Although Scyld is conspicuously absent from these adaptations of *Beowulf*, the specter of the prologue may well have inspired their frank depictions of human sacrifice.

Two films released in 1999 (John McTiernan's *The Thirteenth Warrior* and Graham Baker's *Beowulf*) introduce their versions of the story of *Beowulf* with clear, albeit dissimilar representations of human sacrifice. *The Thirteenth Warrior*'s royal funeral makes us view the sacrifice of an unnamed woman through the foreign, distant perspective of Ahmed ibn Fadlan, who watches the spectacle at a distance through the smoky, torch-lit gloom of pre-dawn. The Arab chronicler's independent, objective perspective thus functions as a stand-in for modern views, establishing the burial as something miraculous, rare, even reified, and battenning our gaze on the exotic ship burial, specifically on the sacrificial victim chosen to travel with her dead king to Valhalla. This filmic version of a Viking funeral is several removes from *Beowulf* and even from its ultimate source in ibn Fadlan's description of the Rus in *Journey to Russia*:

are likely to pass muster. However, isn't the corollary notion that medievalism simply represents distortion and baseless fantasy equally suspect? Likewise, is Crichton's creation of an objective perspective through which we can perceive truths hidden beneath the text's supernatural encounters really all that dissimilar from scholars who enter the world of the text to find parallels between the monsters and social structures such as feud or ring givers?

The answers to both questions probably depend upon who is asking and why. If such questions are mere rhetorical strategies intended to level scholarship and popular entertainment, then we should respond by emphasizing the differences between making a popular film and writing a scholarly monograph. Yet if we ask them earnestly in hopes of comprehending the extent to which each is implicated in the other, we can honestly begin exploring the inter-relationships and analogies. In each of the four films discussed in this essay, the figure of the outsider identifies a missing link that connects monsters and men. In each, a scene of human sacrifice serves as a prologue to the main action of the film, marking the unstable borders between inside and outside, human and not human, sympathy and abjection.

To return to *The Thirteenth Warrior*: the waning of the "old ways" of human sacrifice establishes a distinction between the Vikings and the "Wendol" Neanderthals, as well as an obscure continuity. The two civilizations in Crichton's rendering are contemporaneous but starkly asynchronous in their development. The Viking society as depicted in the film is progressing beyond human sacrifice; in the Wendol they encounter the survival of an earlier stage in their own development as a species. The miraculous re-appearance of the Wendol surprises many within the film because they were thought to have died out long ago. This strange double of humankind ("they are men... they are not men"), who take heads, build altars of human skulls, worship bears, and practice cannibalism seems to reincarnate an early stage in human development so that it can be destroyed once and for all. The ghost of an evolutionary past haunts the Vikings' fear of the Wendol. Their very name is taboo, literally unspeakable, because to speak the name is to invoke these unquiet spirits. While Crichton's faux-scholarly hypothesis about the genesis of the legend of Beowulf from an actual conflict between the sub-species *Homo sapiens* and *Homo neanderthalensis* is fanciful, considerably more plausible is the notion that the poem's monsters represent the abiding specter of human sacrifice, a monstrous, fiercely cathected evolutionary scandal which the pagan cultures within the poem are imagined to have (for the most part) transcended.

As I remarked earlier, the final Viking sacrifice ("you will not see it again," says Herger to ibn Fadlan) is presented in the film as a sublime spectacle in the process of sublimation. These distancing strategies in both time and space do not derive from Crichton's novel; rather, the cinematic version undertakes a kind of free adaptation of the ship burial at the opening of the Old English poem. Herger does not share the Beowulf-poet's hesitancy about ship's destination: "We will burn him. In a moment he and all he owns can be in paradise." Still, shouldn't we be equally of suspicious of what René Girard would probably call the Anglo-Saxon poem's mythologization of human sacrifice in the miraculous survival of a child exposed on the open sea? Is there not in the

Its prologue, entitled “A Hate is Born,” could just as accurately have been called “A Monster is Born,” though this monster is made, not born. An extended 180-degree pan moves from the Icelandic coastline past rolling green hills to glaciers in the distance. Toward us comes a frolicking child laughing as he skips over the crest of a hill. The opening credits had featured a faux-medieval map that marked the North Sea with a monstrous sea-beast, from whose storms early myth critics once derived the monsters of Beowulf; here there’s no hint of that meteorological divine, only a child in a landscape sublime enough all by itself. The only early hint of anything like the sacrificial preludes of the other films we have surveyed are the fat rams grazing in the foreground. Soon the child’s father emerges over the hill, dressed in the same furs and leathers as the boy. As the child somersaults out of frame, we focus on the impressive strangeness of his father: gigantic, thick-bearded, muscular, a mountain of a man among the mountain peaks, but with unusually thick tufts of hair on his arms and legs. Could this bear of a man be Beowulf himself, a figure who looks as if he could crush a foe in his bare arms, as the hero is reported to have done with Dæghrefn? When the figure moves closer, catching a scent on the air, his physical idiosyncrasies become more marked. Cut to a starkly different shot in an as yet unspecified location showing an impressive troop of mounted warriors in helmets and face guards, the leader of whom wears a simian mask. The riders storm through shadow and mist. They are what the mountain man had smelled, like a deer scents a wolf pack. He calls the child, “Grendel,” gathers the boy in his arms, and limps hastily away. In that limp and the other physical deformities we see the ubiquitous signs of the scapegoat whose differences set him apart as a target. For the first time the boy’s similar strangeness becomes evident: hirsute cheeks, a prominent forehead, and an enlarged cranium.²⁶ The crosscuts between armed warriors on horseback and the two fugitives make us feel the threat even before it becomes fully evident: the father and son are being hunted. A subtitle identifies the beach along which the troop rides: “500 A.D.—Outskirts of Daneland.” The riders come over the hill and chase the “troll” (as Hrothgar will later term him) to the edge of a cliff, while the child watches from his concealed perch just over the crest. The warriors encircle the giant with spears and torches. With practiced efficiency two arrows are fired into his chest, a bucket of tar splashed at his feet, a torch thrown in to set him aflame and force him backwards over the precipice. In its overkill the killing well deserves the title of human sacrifice. We are all but asked: “Just who are the monsters here?” The film’s prequel thus offers a very dark reflection of/on the events of the poem: it is Hrothgar’s geogub that comes loping

Notes 34 no. 1 [1996], 7-30) have nothing on the ingenuity of Andrew Rai Berzins’ screenplay for Beowulf and Grendel. Berzins also wrote Chasing Cain (2001) and a TV-movie sequel, Chasing Cain: Face (2002).

²⁶ Since the gigantism is later demonstrated to be genetic, Grendel and his father are probably being portrayed as sufferers from an inherited disorder such as multiple endocrine neoplasia, in which small, non-cancerous tumors grow on the endocrine glands, making them overactive. In the pituitary glands these tumors produce an excess of male growth hormone, which leads to abnormal growth in childhood before the bone growth plates close. Such a condition would explain their unusual size and strength, the pattern of male baldness coupled with excessive body hair, the father’s apparent joint problems, their unusually prominent foreheads and jaws, as well as Grendel’s headaches and hormone-induced rages. For a fuller description see The University of Maryland Medical Center website at: <http://www.umm.edu/ency/article/001174all.htm>.

Eternally a boy in a giant's body, Grendel howls as he bowls with human heads, while the mad Irish monk, Brendan, baptizes Danes in a freezing river. Hrothgar, maddened himself by drink and despair, contemplates following Unferth into the Christian faith:

Hrothgar: Baptism, they call it. Unferth feels he has fallen from the grace of the gods. It's not every man's wish to sit in blood. If this Christ can stiffen Unferth's heart, what's the harm?

Beowulf: They swim only out of fear.

Hrothgar: But still, they swim.

Hardly Bede's miraculous conversion, that--rather an ecumenical existentialism which judges all options better than despair, even self-delusion. As Gerald Butler's downsized Beowulf continues his investigation, it becomes increasingly evident that neither paganism nor Christianity will help to solve the mystery of Hrothgar's troll.

Beowulf next encounters an outlying witch, Selma (played by Sarah Polley), the waif-like, red-haired stepsister of Unferth, who foresees how men will die. While she does collect herbs and possesses a second sight, she is no witch. Still, Selma willingly inhabits the role in which she has been cast and a place on the outskirts of Daneland, a situation she much prefers to the alternative: a life of sexual slavery and abuse within the confines of civilization. Finding her an uncooperative witness, Beowulf interviews Hrothgar again, probing for the secret he suspects lies behind the troll's depredations: "My wits still war with how this all began." Hrothgar offers the traditional, fuzzy explanation:

Hrothgar: Hate for the mead hall, I can only guess. The night we finished it, I felt it came. We hadn't seen a troll for fifteen or twenty years.

Beowulf: (hesitantly) So no one did anything to the troll itself?

Hrothgar (angrily): Oh, Beowulf, it's a f***** troll! Maybe someone looked at it the wrong way.

Beowulf: Some Dane?

Hrothgar: Who hands you this, Selma? Come on, she's been out in the wilds too long. Her head is full of spiders, her lap is full of moss.

Beowulf: It's said she sees things.

Hrothgar (yelling): Well, the crazy do see things!

The lie harkens back to that time fifteen or twenty years before when Hrothgar saw the wild-eyed boy at the cliff's edge. This exchange as a whole neatly encapsulates the film's critique of poem's supernatural. The realm of the supernatural is composed of outcasts and scapegoats, their seemingly malevolent powers created by the very rituals of abjection that mark them as different—and

friend Grendel doesn't come from mist and shit alone." Then, speaking very un-Hamlet like to the severed head, he raves: "I curse you and all your kin" (spitting on it). Thus, in another of the film's uncanny euhemerisms, Handscio, not God, marks and curses "Caines cynne" (107). Having completely lost his wonted ironic distance, Handscio further desecrates the idol, smashing the cured head into pieces. The outburst is shot from the perspective of his fellow Geats; when the counter-shot finally situates this perspective, the physical and emotional distance between Handscio and the other Geats has widened significantly. They are still, silent, bunched together, masked, and within a smoky haze; he is frenetic, well-lit and without a helmet. As Handscio feels the shock of this group gaze—a gaze that excludes and abjects the group's most popular member—he comes to himself in a chilling anagnorisis, realizing that he is *fæge* (fated, doomed). With this scene ends what I have been calling the anti-Beowulf: there will be no more false starts, no more "where's Waldo" bathos.

Revealingly, the fight against Grendel within Heorot doesn't begin until 5/7 of the way into the film, after more than a 75-minute prelude. Bellowing and crashing stones together, smearing his face with his own blood, the Handscio-cursed "demon" comes loping down to the high hall to see how the Geats are resting after their iconoclastic pollution of his home. Beowulf's investigations have already established that the "troll's" attacks are motivated by revenge, not a lack of appreciation for architecture or poetry. Thus far he has not harmed any of the Geats, though he has mocked and stymied them, much as John Gardner's Grendel does, but according to a fully reasonable code of justice. When at last the door to Heorot finally bursts open, Grendel sends Geats sprawling in every direction, leaving them battered but not broken. But when he identifies Handscio by his smell, he speaks a rare comprehensible word, "Papé," and breaks the neck of the *fæge eorl*.

Henceforth, Beowulf's defeat of Grendel and his mother are staged quickly and unremarkably. At the level of the diegetics, this is something that has to happen within the expectations of action cinema, but it rings hollow and pales in comparison with the screenplay's earlier parodies of the inherited tale. The screenplay doesn't just give in to expectations; it also gives ground on its de-mythologizing critique of scapegoating. Throughout the majority of the film the supernatural is systematically demystified by exposing the scapegoating logics beneath the monsters of Beowulf. After the death of Grendel, the supernatural re-emerges in the figure of Grendel's mother, an albino troll. She was always there lurking within the sea; she had tried (unsuccessfully) to pull Geats out of their boat on a few occasions. She certainly poses a threat, but it is Grendel, not she, who kills Handscio in the film. As her dismembered protégé stumbles into sea after his defeat, her taloned hand emerges from the water to bear him—Arthur-like—to her version of Avalon. The film is searching here for something like the sublimity that invests Beowulf's fight with the dragon, but it violates its own carefully crafted ontology, wherein monsters are the victims of congenital birth defects and scapegoating. The amphibian, whitewashed mere-wif is the movie's white whale, but she doesn't belong in the world circumscribed by the film, and her existence violates the moral principles that underpin its euhemeristic approach. In Girard's terms she represents a re-mythologization of the sacrificial mechanism, one that suspiciously reverts to the monstrous

feminine even after exposing how men—Grendel and the retarded beggar—become scapegoats. This reversion to the ambiguity of the fantastic is not simply another turn of the screw; it suggests the film's makers wanted to have it both ways, perhaps because a uniform critique of scapegoating threatened to take the purportedly action-adventure film too far afield from heroic action.

The hard to find and highly derivative 2006 *Grendel* (d. Nick Lyon) was made for the Sci-Fi Channel (SyFy) and released on DVD in 2010 by Universal Pictures. In many ways, this regrettable film encapsulates approaches to the poem emerging in all three of the earlier films discussed above. Though clearly what might well be called a re-adaptation of films such as *The Thirteenth Warrior* and *Beowulf and Grendel*, it also rationalizes the relationship between human sacrifice and the monsters in a much more straightforward manner. Early in *Thirteenth Warrior* as the Geats enter Hrothgar's village they are shocked to find not only a lack of defensive measures, but also "scarcely a man between 15 and 50 left alive." *Grendel* imitates this scene but the shocking scarcity is in children, not warriors. Just as the earlier films sought to interpret the Old English poem by searching out the anthropological truths (*Thirteenth Warrior* and *Beowulf and Grendel*) or hidden sins (the 1999 *Beowulf*) behind the poem's man-like monsters, so too do the Danes of *Grendel* nourish a dark secret that lies behind the apparent infertility of Hrothgar's realm.

Like these earlier films as well, *Grendel* installs a series of unsuccessful attacks on the monster before he is finally quelled. This duration, as in *Beowulf and Grendel*, serves as the intellectual equivalent of physical battle, a battle of wits. Seemingly, before the *Grendel* can be dispatched the human sin or secret that he represents must be brought to light—a not uninteresting variety of the *sapientia et fortitudo* topos. When the Geats' incendiary-charge-firing crossbow fails to kill *Grendel*, the monster takes revenge by savaging the outlying towns. Ben Cross as Hrothgar rebukes Beowulf from the giftstol set high within the Doric-columned Heorot:

Hrothgar: And so it begins. You have failed me, Beowulf. You failed me and now the monster takes its revenge. We had reached a sort of understanding with the creature. Now more innocent lives will be lost.

Beowulf: It is true; I have failed in defeating the *Grendel*. But I ask you this, have you failed yourself and your people?

Hrothgar: What say you?

Beowulf: The beast has poisoned you with fear and hatred. Your land is dying; your people are dying. There are no children to carry on when you are gone. Because of your fear, your home has become a coffin. Your nation is perishing at the hands of *Grendel*. You know this is not my doing. This wickedness was put into motion long ago.

This counter-accusation casts Hrothgar as a kind of Fisher King or Tolkienian Theoden King. The wasteland results from the king's spiritual not his physical debilities. In the terms of the 1976 film

torchlight. The irony of course horribly undercuts what Scyld's very name would seem to promise. As the crowds watch, a girl is bound to the altar, and the Hag comes flying down to devour her:

Beowulf: (With a condemning skepticism) Sacrifice? (Cut to a close up of Wealhtheow's face on Hrothgar's knee. Her clown-like make-up at last revealed as correlative with her desire to hide the truth.)

Hrothgar: Yes... terrible, but it worked. For years the Hag did not attack. And then one day she disappeared back into the forest and was never seen again. It was thought that she had died. But not before she gave birth to a son. (Cut to a shot of the infant Grendel.) The same beast who terrorizes us to this very day. When he was young, he would hunt mainly in the forest—animals, wayward travelers—but in time, like his mother before him, he began to attack the towns and the villages. So I renewed the pact. That is our dark secret, Beowulf. The reason you see no children here is because there are no more for me to sacrifice. It was then Grendel began to attack Heorot.

Beowulf: So there truly are no children.

Hrothgar: Oh, there are children here somewhere. But they are kept well hidden from Grendel and from me, their parents fearing the day when I was forced to begin the sacrifices again. Well now that day has come. I suppose that now you think the Grendel is not the only monster in my land. And you would be right. I'm not proud of what I've done or what I have become.

Beowulf's mission becomes at this point that of a culture hero like Theseus who must kill the monster in order to put an end to the barbaric sacrifices that ensure the "protection" of the society as a whole. The film thus makes the backsliding of the Danes in lines 175-183 a recurring lapse into child sacrifice that characterizes their history from Scyld to Hrothgar. The Oedipal conspiracy that characterizes the solutions of earlier Beowulf films is replaced by a revelation of a sacrificial mechanism that Girard believes underlies the "mythologization" of human sacrifice and Deleuze and Guattari the "Oedipalization" of the fundamental aggressiveness between self and others.

Coda

Arguably, such films' identification of sacrificial logics in the Old English epic deserves to be taken with more seriousness than the films themselves manage to sustain. It is in the nature of sacrifice to demonize and deify by turns the sacred victim. Even as the poem monumentalizes Beowulf's glory, it is undermined by a strain of recriminations coming first from Wiglaf and echoed in the modern world by scores of critics. A fully Girardian reading of the poem would be less likely to blame the

